

## 2010 Fall Dance Tech Class Schedule

### Toddlers

These classes are designed to introduce your 2- 3 year old to creative movement and dance. Toddler classes perform 3-4 times during the year and at our spring recital.

<b>Toddler A</b>	<b>Tuesday</b>	<b>12:00 – 12:30pm</b>
<b>Toddler B</b>	<b>Tuesday</b>	<b>5:30 – 6:00pm</b>
<b>Toddler C</b>	<b>Wednesday</b>	<b>10:00 – 10:30am</b>
<b>Toddler D</b>	<b>Wednesday</b>	<b>3:45 – 4:15pm</b>

### Jazz, Ballet and Tap

These combination classes introduce your 3-5 year old to Jazz, Ballet and Tap (JBT). JBT classes perform 3-4 times during the year and at our spring recital.

#### 3-4 yr olds

<b>JBT A</b>	<b>Monday</b>	<b>5:30 – 6:15pm</b>
<b>JBT B</b>	<b>Tuesday</b>	<b>3:45 – 4:30pm</b>
<b>JBT C</b>	<b>Wednesday</b>	<b>9:15 – 10:00am</b>
<b>JBT D</b>	<b>Friday</b>	<b>10:00 – 10:45am</b>

#### 4-5 yr olds

<b>JBT 1</b>	<b>Tuesday</b>	<b>12:30 – 1:45pm</b>
<b>JBT 2</b>	<b>Tuesday</b>	<b>6:00 – 6:45pm</b>
<b>JBT 3</b>	<b>Wednesday</b>	<b>4:15 – 5:00pm</b>
<b>JBT 4</b>	<b>Thursday</b>	<b>3:45– 4:30pm</b>
<b>JBT 5</b>	<b>Friday</b>	<b>9:15 – 10:00am</b>

### Combo Tech

These classes focus on all the technical elements of dance including Ballet, Jazz, Lyrical and Modern. Students will perform 1-2 times per year and at our spring recital. These are not competing classes.

<b>Combo Tech I (7-8yrs)</b>	<b>Mon.</b>	<b>6:30 – 7:30pm</b>
<b>Combo Tech II (9-11yrs)</b>	<b>Tues.</b>	<b>4:30 – 5:30pm</b>
<b>Combo Tech III (12 yrs+)</b>	<b>Wed.</b>	<b>6:30 – 7:45pm</b>
<b>Int. Combo Tech</b>	<b>Tues.</b>	<b>7:00 – 8:15pm</b>

### Clogging

These classes are for all ages. These classes perform 3-4 times per year and in our spring recital.

<b>Int. Clogging</b>	<b>Thursday</b>	<b>4:30 – 5:15pm</b>
<b>Beg. Clogging</b>	<b>Thursday</b>	<b>5:15 – 6:00pm</b>

### Ballet

These classes stress correct placement of the body, alignment of posture, proper technique and knowledge of ballet terminology. Placement is determined by the instructor. Students will have the ability to move up during the year if approved.

<b>Pre-Ballet</b>	<b>Monday</b>	<b>4:15 – 5:15pm</b>
<b>Beginning Ballet</b>	<b>Monday</b>	<b>4:15 – 5:15pm</b>
<b>Intermediate Ballet</b>	<b>Monday</b>	<b>5:15 – 6:30pm</b>
<b>Advanced Ballet</b>	<b>Monday</b>	<b>6:30 – 8:00pm</b>
<b>Adult Ballet</b>	<b>Tuesday</b>	<b>6:30 – 7:30pm</b>

### Pointe

These classes are designed to teach basic Pointe skills and the strength exercises for the feet and ankles. Students are required to have previous ballet experience and must be at least 12 yrs of age (11 for Pre-Pointe). Students in Pointe & Pre-Point should also take the Pointe Conditioning class.

<b>Pre-Pointe</b>	<b>Tuesday</b>	<b>4:30 – 5:30pm</b>
<b>Pointe</b>	<b>Tuesday</b>	<b>5:30 – 6:30pm</b>
<b>Pointe Conditioning</b>	<b>Thursday</b>	<b>7:30 - 8:30pm</b>

### Tap

These classes are made available to teens and adults and all levels. Tap students will perform one dance at our spring recital if class desires.

**Adult Tap (teens/adults) Monday 7:15 – 8:15pm**

### Ballroom

Partnered dancing teaches students grace, balance, coordination, self-discipline and confidence. Most importantly, students gain an insight on different cultures as they explore dances like salsa, tango, rumba and more.

<b>Pee-Wee Ballroom</b>	<b>Friday</b>	<b>4:15 – 5:15pm</b>
<b>Pre-Teen Ballroom</b>	<b>Friday</b>	<b>4:30 – 5:30pm</b>
<b>Junior Ballroom</b>	<b>Friday</b>	<b>5:30 – 6:30pm</b>
<b>Ballroom Team</b>	<b>Wednesday</b>	<b>5:00 – 6:00pm</b>
	<b>Friday</b>	<b>5:30 – 6:30pm</b>
	<b>&amp; Sat.</b>	<b>10:00am – Noon</b>
<b>Adult Beg. Ballroom</b>	<b>Tuesday</b>	<b>7:30 – 8:30pm</b>
<b>Adult Int. Ballroom</b>	<b>Thursday</b>	<b>7:00 – 8:00pm</b>
<b>Country Western</b>	<b>Monday</b>	<b>7:30 – 8:30pm</b>

### Turns and Leaps

A transition between ballet technique and choreography, putting turns and leaps together in combinations. It is open to all students, but required for competing team members. This class is based on ability and must be placed by the instructor.

<b>Beginning T&amp;L</b>	<b>Wednesday</b>	<b>4:15 – 5:15pm</b>
<b>Advanced T&amp;L</b>	<b>Monday</b>	<b>5:30 – 6:30pm</b>
<b>Intermediate T&amp;L</b>	<b>Monday</b>	<b>6:15 – 7:15pm</b>

### Hip Hop

These classes focus on the different forms of urban, street dance and break-dancing. These classes are ability based and students must be placed by the instructor. Hip Hop classes perform 1-2 times during the year and at our spring recital. Hip Hop classes are not competing classes but exceptions may be made with notice.

<b>Hip Hop I (5-7yrs)</b>	<b>Tuesday</b>	<b>4:30 – 5:15pm</b>
<b>Boys Hip Hop (5-9yrs)</b>	<b>Thursday</b>	<b>5:30 – 6:15pm</b>
<b>Hip Hop II (8-10yrs)</b>	<b>Tuesday</b>	<b>6:15 – 7:00pm</b>
<b>Hip Hop III (11-13yrs)</b>	<b>Thursday</b>	<b>4:30 – 5:30pm</b>
<b>Hip Hop IV (14+ yrs)</b>	<b>Monday</b>	<b>6:15 – 7:15pm</b>
<b>Inter. Hip Hop</b>	<b>Wednesday</b>	<b>4:45 – 6:00pm</b>

### Cheer & Tumbling

**Cheer** classes will learn cheer moves, stunts, dance and tumbling. Teams will perform and compete. Students are required to take tumbling as well.

**Tumbling** classes will work on basic to advanced tumbling and balance skills. These classes do not perform.

<b>Cheer I</b>	<b>Monday</b>	<b>4:00 – 4:45pm</b>
<b>Cheer II</b>	<b>Monday</b>	<b>4:45 – 5:45pm</b>
<b>Pre-Tumbling</b>	<b>Friday</b>	<b>10:00 – 10:45am</b>
<b>Tumbling 2*</b>	<b>Saturday</b>	<b>9:30– 10:30am</b>
<b>Tumbling 3*</b>	<b>Saturday</b>	<b>10:30 – 11:30am</b>

\*these classes are taught at Idaho Elite Gymnastics

### Polynesian

These classes introduce you to Polynesian styles of dancing. Classes will learn terminology and proper movement. Youth class will do some performing.

<b>Youth Polynesian (6-14)</b>	<b>Thursday</b>	<b>4:30– 5:15pm</b>
<b>Adult Polynesian</b>	<b>Monday</b>	<b>7:30 – 8:30pm</b>

### Modern

These classes are designed to focus on a variety of modern dance techniques while developing the mind, body and spirit to be an expressive communicator through conditional and creative movement.

<b>Beginning Modern</b>	<b>Thursday</b>	<b>4:30 – 4:30pm</b>
<b>Int/Adv. Modern (Sr/Elite)</b>	<b>Thurs.</b>	<b>5:30 – 6:30pm</b>
<b>Modern/Yoga</b>	<b>Tuesday</b>	<b>7:30 - 8:30pm</b>

### Pre-Teams

These classes are designed to prepare dancers for a “team” environment. They are technically based and focused on Ballet and Jazz. They will perform 3-4 times during the year and at our spring recital.

<b>Int. Pre-Team</b>	<b>Monday</b>	<b>4:15 – 5:15pm</b>
<b>Pre-Team A (6-7yrs)</b>	<b>Tuesday</b>	<b>4:30 – 5:30pm</b>
<b>Pre-Team B (6-7yrs)</b>	<b>Tuesday</b>	<b>5:45 – 6:45pm</b>

### Competing Dance Teams

#### Small, Junior, Senior and Elite

These are our competing teams. Entrance by **audition only**.  
**Monday:** Ballet and Turns & Leaps, and team choreography for Smalls (placement based on ability)  
**Wednesday:** Team choreography times as follows:  
**Small Jazz:** 4:15–6:15pm    **Jr. Jazz:** 4:45–6:30pm  
**Sr. Jazz:** 6:00 – 7:45pm    **DT Elite:** 6:15 –8:00pm  
**Thursday:** Hip Hop & Modern (optional for Smalls)  
**Small/Jrs.** 5:30-6:30pm    **Srs./Elite:** 5:30-7:30pm  
**Note:** With notice, some Saturday rehearsals may be scheduled throughout the year as needed.

### Adult Classes

These classes are for all adults and teens over 15 yrs.

<b>Ultra Turbo 90</b>	<b>Mon. &amp; Wed.</b>	<b>6:00 – 6:55 am</b>
<b>Beginning Adult Jazz</b>	<b>Monday</b>	<b>7:30 – 8:30pm</b>
<b>Adult Ballet</b>	<b>Monday</b>	<b>7:30 – 8:30pm</b>
<b>Adult Tap</b>	<b>Monday</b>	<b>7:15 – 8:15pm</b>
<b>Adult Polynesian</b>	<b>Monday</b>	<b>7:30 – 8:30pm</b>
<b>Modern/Yoga</b>	<b>Tuesday</b>	<b>7:30 – 8:30pm</b>
<b>Step Interval</b>	<b>Thursday</b>	<b>6:00 – 6:55 am</b>
<b>Int./Adv. Adult Jazz</b>	<b>Thursday</b>	<b>6:30 – 7:30pm</b>
<b>Zumba</b>	<b>Tuesday</b>	<b>6:30 – 7:30pm</b>
	<b>Wed. &amp; Thur.</b>	<b>6:00 – 7:00pm</b>
	<b>Saturday</b>	<b>8:30 – 9:30am</b>

## Announcements:

### **You Spoke: We Listened**

We have added a 4th studio to provide you with more of the classes you want! Check out our full schedule of classes for everyone!

### **Weekly Friday Night Dances**

8-10pm almost every Friday at Dance Tech. Cost \$3 per person. Optional Instruction included. It's a great date night!

### **Zumba Punch Cards**

We have Zumba punch cards. This is so you can come when you like and you don't have to worry about a monthly tuition.

10 class	\$75.00
20 class	\$125.00
30 class	\$165.00

### NEW CLASSES FOR FALL

<b>Zumba Fitness</b>	<b>Cheer</b>
<b>Adult Ballet</b>	<b>Turns &amp; Leaps</b>
<b>Modern</b>	<b>Polynesian</b>

**Don't see a class you want? Tell the front desk. If there is enough interest, we will start up that class!**

**Dance Tech**  
2633 E. 14<sup>th</sup> North  
Ammon, ID 83401



## *Idaho's Premier Dance School*

Dance Tech offers a variety of classes for all ages and ability levels in many styles of dance.

**2633 E. 14<sup>th</sup> North  
Ammon, ID 83401**

behind Majestic Auto Body on Hitt Road

**Office: 525-3229  
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**Email: [info@dancetechstudio.com](mailto:info@dancetechstudio.com)**

Find us on the web @  
**[dancetechstudio.com](http://dancetechstudio.com)**

# Fall 2010 Schedule

**August 2010 – May 2011  
Classes Begin  
Monday, August 30<sup>th</sup>**

A non-refundable **REGISTRATION FEE** of **\$35.00** is due at the time of registration.

<b>Class Duration per Week</b>	<b>Monthly Tuition</b>
30 minutes	32.00
45 minutes	35.00
1 hr	38.00
1 hr 15 min & Twice weekly Fitness classes	42.00
1 hr 30 min	46.00
Cheer I	51.00
Cheer II (w/ Tumbling)	54.00

<b>Unlimited Fitness</b>	\$48.00
<b>Zumba Punch Cards:</b>	
10 class	\$75.00
20 class	\$125.00
30 class	\$165.00

### DISCOUNTS AVAILABLE

- Additional siblings receive a \$5 discount on the registration fee and \$4 discount on the monthly tuition.
- Students taking more than one class receive \$12 off 2<sup>nd</sup> class, \$14 off the 3<sup>rd</sup> class tuition.
- Parents enrolling with a child already enrolled receive \$8 off their class tuition.