



DTA Fit Class Schedule



MONDAY

8:30 am- Wyld
with Kate

8:30 pm- Barre
with Amy

TUESDAY

9:00 am- Cardio
Sculpt with Anne

7:30pm- High Fit
with Amy

WEDNESDAY

8:30 am- Wyld
with Kate

8:30 pm- Barre
with Amy

THURSDAY

7:30pm- High Fit
with Jolee + Erin

FRIDAY

8:30 am-
Essentrics
with Leia

SATURDAY

Rotating Classes
check our social
media pages for
updates!
@dtafitidaho



PRICE OPTIONS

Drop-ins: \$8

Monthly Membership:
Unlimited Classes for \$35 / month*

Punchcards:

5 classes = \$30

10 classes = \$55

15 classes = \$75

*3 month minimum



Updated 9/3/23